

Talks to teams, athletes and parent nights.

TYLER LEHMANN

3× STATE CHAMPION

MINNESOTA AND NORTH DAKOTA

JUNIOR WORLD TEAM

FREESTYLE, 2010



Three state titles. A year and a half at the Olympic Training Center. A Junior World team, then collegiate wrestling at NDSU and Nebraska. He spends his days now talking to families about what nobody wants to talk about — the same lesson, and the one young athletes never hear.

A licensed life-insurance producer in North Dakota working with multiple carriers. He speaks openly about faith when an audience invites it.

What Tyler speaks about

What happens after the last match

The identity problem every committed athlete hits, and almost none are ready for.

Doing the hard thing on the days nobody is watching

The habits that carried from the wrestling room into work and family life.

Protecting the people who depend on you

Why young families avoid the conversation, and how to have it.

Who he speaks to

- High school teams and athletic programs
- College athletes and student groups
- Parent and booster nights
- Employers and worksite groups
- Community and church groups
- Youth wrestling clubs and camps

Book Tyler

Curt Foley, CSC Innovations
651-280-8226
cscinnovations@gmail.com

Instagram @tylerlehmannofficial
YouTube @TylerLehmannOfficial